



Dear Friends,

Catholic Charities food pantries are seeing record demand because of the economic impact of the COVID-19 crisis. Our food pantry at **St. Irenaeus in Park Forest** is serving higher numbers of families than usual, many of them first-time clients who have suddenly found themselves out of work.

At the same time, we are finding it harder and harder to acquire some common food items. As a result, we cannot provide families with as much food as they really need.

We need your help to ensure that our pantry shelves stay stocked. Here's what you can do....

- **Make a Monetary Donation or Fundraise for Catholic Charities:**
Donate or Fundraise online at <https://www.justgiving.com/campaign/CovidResponseSouthRegion> or mail a check payable to Catholic Charities to 12731 S. Wood Street, Blue Island 60406.
- **Make an In-Kind Donation:** Organize a food drive, collect or purchase food for our food pantry at St. Irenaeus or donate items from your home. Donation delivery and/or pick up can be arranged by contacting our office at 708-205-9661.

We are grateful for the outpouring of generosity we have already seen. There can be no better time when we can come together to help feed those in our community who have been so seriously impacted through no fault of their own.

We ask for your continued support and prayers as we struggle to feed our neighbors in need in the south suburbs.

With gratitude,

Christopher Torres
Regional Director

*If you organize a food drive, these are items most in need:

Canned vegetables	Peanut butter	Rice
Canned soup	Jelly	Macaroni and cheese
Dry cereal	Pasta	Tuna
Oatmeal	Pasta sauce	Canned fruit and fruit juice